

CARE4



International Scientific Nursing and Midwifery Conference 2024



5–6 February 2024, Antwerp

University of Antwerp

Campus Drie Eiken

www.care4-2024.org

Navigating the Future of Healthcare:

Nurses and Midwives as Drivers for Change

WELCOME TO ANTWERP!

Dear participants,
Welcome to Antwerp!

It is with great pleasure and warmth that we extend a heartfelt welcome to every one of you for the 5th Edition of the CARE4 International Scientific Nursing and Midwifery Conference. This extraordinary gathering, organized through the collaborative efforts of four universities, three university colleges, and a midwifery association, expresses the force and commitment within our healthcare community.

Hosted by the Nursing and Midwifery department of the Faculty of Medicine and Health Sciences at the University of Antwerp, this conference is set to be a beacon of knowledge, innovation, and collaboration. Nurses, midwives, researchers, clinicians, educators, and policy makers from across the globe will converge to present their groundbreaking work in a carefully curated program featuring distinguished keynote speakers, engaging symposia, insightful oral presentations, and inspiring posters.

This year's congress theme, "Navigating the Future of Healthcare: Nurses and Midwives as Drivers for Change," encapsulates the essence of our collective mission. As we face the challenges and opportunities on the horizon, it is the dedication and vision of professionals like yourselves that will shape the future landscape of healthcare. Your presence at this conference reinforces our shared commitment to advancing the fields of nursing and midwifery.

Moreover, we are delighted to announce that we provide various awards for the best oral and poster presentations in nursing, midwifery, and health education as well as the most exceptional abstract that tackles the challenges and opportunities in the conference theme. These prestigious awards are graciously sponsored by esteemed partners, and truly special rated by you, the participants, recognizing not only excellence but also contributing to the continuous advancement of our fields.

As we embark on this intellectual journey, we invite you to immerse yourselves not only in the enriching scientific discourse but also in the vibrant and culturally rich city of Antwerp. This amazing city, with its historic charm and modern allure, serves as the perfect backdrop for forging connections, fostering collaborations, and creating memories that will last a lifetime.

In the spirit of sharing, learning, and progress, we wish you an inspiring and fruitful experience at the CARE4 International Scientific Nursing and Midwifery Conference. May this gathering be a catalyst for transformative ideas, lasting partnerships, and, above all, positive change in the world of healthcare.

Once again, welcome to Antwerp – a city of history, innovation, and warm hospitality. Together, let us navigate the future of healthcare and emerge as the driving force for positive transformation.

Warm regards,

On behalf of the organizing and scientific committee,

Peter Van Bogaert PhD, University of Antwerp, Chair

Dimitri Beeckman PhD, Ghent University & Koen Milisen PhD, KU Leuven, Co-chairs

CARE4 2024 LOCAL ORGANIZING COMMITTEE

Prof Peter Van Bogaert (CARE4 2024 Conference Chair),
University of Antwerp

Prof Dimitri Beeckman, Ghent University and Örebro University

Ms Kathleen Biesmans, Karel de Grote University College

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Prof Ellen Vlaeyen, Hasselt University

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CARE4 2024 Scientific committee

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Kristof Faes PhD, Karel De Grote University College Antwerp

Deborah Hilderson PhD, Karel De Grote University College Antwerp

PRACTICAL INFORMATION

Conference venue

University of Antwerp, Campus Drie Eiken
Universiteitsplein 1
2610 Wilrijk, Belgium



The campus Drie Eiken is surrounded by greenery. The conference is taking place in the O building, an impressive modern complex with eye-catching photo facade created using portraits of students and staff by the artist Perry Roberts.

How to get there:

Bus: Bus number 17 from Antwerp Central Station to the station **Fort VI-straat**, the journey takes about 40 minutes. A map of the campus is available on page 15. We recommend the **Smart ways to Antwerp** website to easily plan your travel (including timetable): www.slimnaarantwerpen.be.

A single ticket costs 2.5€. The tickets can be purchased at the ticket machines at the Central Station or you can directly pay contactless at the white terminal on all De Lijn buses and trams. Another way to buy tickets is through the Delijn app, the QR code is available on the right.



Taxi companies: Most taxi companies in Antwerp offer an app, e.g. taxi.eu, eCab, Brixlane, Antwerp-Tax (+32 3 238 38 38), also Uber works well in Antwerp and can be used.

For participants coming by car: Parking is available at the Drie Eiken campus. The conference delegates can use the Parking number 2 close to the conference venue. Please refer to the map on page 15.

Coffee breaks and lunches

Refreshments are included in the conference registration and will be served in the poster area based on the schedule indicated in the conference programme.

CARE4 networking evening

will take place on the 5th February at 18:30 at the Art Nouveau Hall of the Grand Café HORTA in the center of Antwerp. Tickets are not included in the conference registration and must have been purchased separately during the registration process.

Conference app Conference4me

The conference app provides you with the most comfortable tool while planning your days at CARE4. You can browse the programme, create your agenda, rate all oral and poster presentations and find useful support materials. The app is available for Android and iOS.



Do not forget to rate all oral and poster presentations in the app!

You can give a vote from 1-5 (5 being the highest score) and add a personal comment. The rating is anonymous and will help the CARE4 Scientific committee make the final decision on the conference awards.

Internet access

There is a free wireless internet access at the conference venue. All participants can request a guest account at the www.guestroom.be website. After completing the entire form as indicated below, the participant will receive a validation code and an email with their username and password. For more information please contact the registration desk.

The screenshot shows a registration form with the following fields:

- Institution you wish to visit: Universiteit Antwerpen (UAntwerpen)
- Department / Event you wish to visit: Universiteit Antwerpen WIFI for one d...
- Contact person: Van Bogaert, Peter
- Visit from: 2024-02-05 to: 2024-02-06
- A checkbox for "I have read and accepted the policy" is checked.

Certificate of attendance

Your certificate of attendance will be available for download in the Conftool conference platform after the conference.

Participants from the Netherlands who wish to receive the accreditation points must fill in the online subscription available on the conference website registering their BIG number and they must sign the attendance sheet at the registration desk each day they wish to receive the credits for.

Abstract book

The complete Abstract book is available for download in pdf both on the conference website and in the conference app.

CARE4 2024 conference secretariat

The conference secretariat (Codan consulting team) will be available onsite to assist with any queries. For any queries, registration and collection of congress materials, please visit the registration desk.

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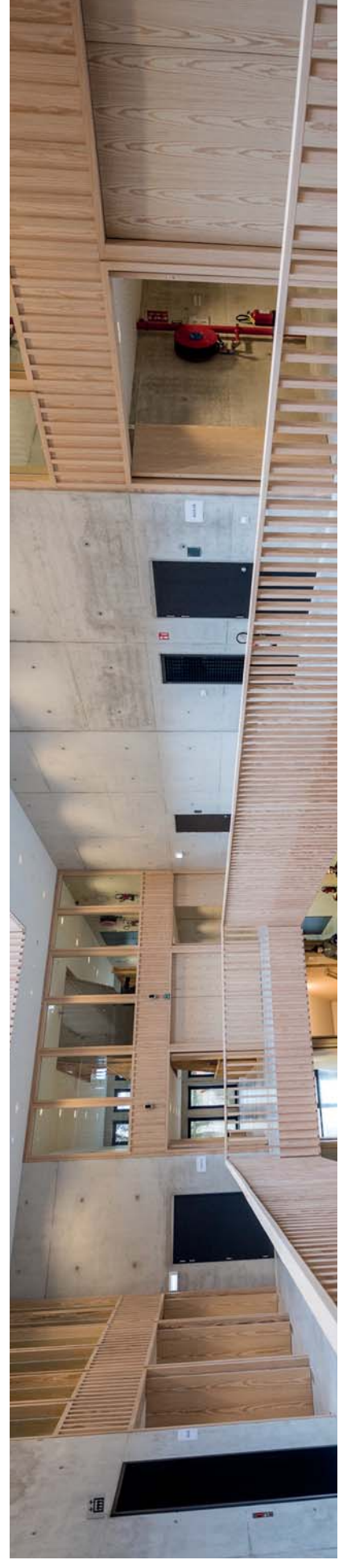
CARE4 2024 PROGRAMME OVERVIEW

Monday 5 February 2024

Location: D.0.6		Location: D.0.1		Location: D.0.3		Location: D.0.5		Location: D.0.7	
9:00am – 9:10am	WELCOME AT CARE4 2024 <i>Chair: Peter Van Bogaert</i>								
9:10am – 9:50am	KEYNOTE LECTURE 1: GRETA CUMMINGS: THE GLOBAL NURSING PROFESSION - ON THE BRINK OR POISED FOR TRANSFORMATION? <i>Chairs: Peter Van Bogaert, Koen Milisen</i>								
9:50am – 10:30am	KEYNOTE LECTURE 2: BIANCA BUURMAN: THE BEST WAY TO IMPROVE HEALTH CARE: NURSE-DRIVEN AND MIDWIFERY-DRIVEN GOVERNANCE AND INNOVATION <i>Chairs: Peter Van Bogaert, Koen Milisen</i>								
10:30am – 11:00am	Coffee break and poster viewing								
11:00am – 12:30pm	A1 NURSING 1: CARE FOR OLDER PEOPLE <i>Chairs: Ann Van Hecke, Koen Milisen</i>	B1 MIDWIFERY 1: EDUCATION AND PRACTICE <i>Chairs: Inge Tency, Chair: Dorien Lanssens</i>	CI HEALTH AND EDUCATION 1: NEW TECHNOLOGIES IN HEALTH EDUCATION <i>Chairs: Olaf Timmermans; Deborah Hilderson</i>	D1 SYMPOSIUM 1 <i>Chair: Katrien Cuyvers</i>	E1 SYMPOSIUM 2 <i>Chair: Margreet van der Cingel</i>				
11:00am – 11:15am	Empowerment of older people and informal caregivers in transitional care decision-making; <i>Latan Kraun, Belgium</i>	11:00am – 11:15am Perceptions of midwifery students about clinical practice: a metaphor study; <i>Nurten Kaya, Turkey</i>	11:00am – 11:15am RCN Learn, learning and education virtual platform as part of the Royal College of Nursing. Education, Learning and Development Strategy; <i>Andrea Childre, United Kingdom</i>	11:00am – 12:30pm Driving change in nursing: the role and impact of individual, interpersonal and team learning processes and interventions <i>Katrien Cuyvers, Belgium;</i> <i>Veronika Anselmann, Germany;</i> <i>Julie Daes & Giannoula, Belgium;</i> <i>Jasperina Brauwer, the Netherlands</i>	11:00am – 12:30pm Learning communities of practice for person-centred care: insights from and for daily nursing practice <i>Margreet van der Cingel, the Netherlands;</i> <i>Heleen Reinders-Messelink, the Netherlands;</i> <i>Gonda Stallinga, the Netherlands</i>				
11:15am – 11:30am	The interpersonal care relationship on non-geriatric wards in hospitals; <i>Melissa Riviere, Belgium</i>	11:15am – 11:30am Digital adaptability of nurses and midwives; <i>Roxanne Bleijenbergh, Belgium</i>	11:15am – 11:30am The SCAFFOLD ePortfolio: an insight into the results of a multidisciplinary research project in Flanders (2020-2023); <i>Mieke Embog, Belgium</i>	This symposium aims to provide a collection of studies on nurses' and student nurses' individual and team learning and development. Changes in nursing team learning activities, self-regulated workplace learning (SbWpl), and interprofessional collaboration competencies are focused on in the presentations. Furthermore, determinants and conditions fostering or restricting change on an individual and organizational level are brought. Four different topics will be addressed by researchers of three different countries.					
11:30am – 11:45am	Development and implementation of geriatric-surgical co-management for patients undergoing colorectal surgery; <i>Marie Ceralius, Belgium</i>	11:30am – 11:45am Retaining midwives across professional life course: lessons learned from a pan-Canadian study; <i>Elena Netterman, Canada</i>	11:30am – 11:45am Undergraduate nursing students' lived experiences when attending high fidelity simulation training during their bachelor education program; <i>Geert Van de Weyer, Belgium</i>						
11:45am – 12:00pm	Development and implementation of orthogeriatric co-management in the trauma ward; <i>Heidi Cosyns, Belgium</i>	11:45am – 12:00pm Providing compassionate care: a qualitative study of compassion fatigue among midwives and gynecologists; <i>Sarah Vandekerckhof, Belgium</i>	11:45am – 12:00pm Monitoring Nursing and Midwifery Students' Stress level using Wearable Device during High-Fidelity Simulation: A randomized controlled intervention; <i>Ayse Akalin, Belgium</i>						
12:00pm – 12:15pm	The use of the APOP screener in emergency triage of frail geriatric patients; <i>Melissa Riviere, Belgium</i>	12:00pm – 12:15pm Stress and burnout amongst Italian midwives during the Omicron wave: a national observational survey; <i>Maria Panzeri, Italy</i>	12:00pm – 12:15pm Human Factors Online: the power of digital forms of education to raise awareness on the importance of human factors; <i>Sofie Merlevede, Belgium</i>						
12:15pm – 12:30pm	Exploring and understanding high-quality person-centred care in care home settings; <i>Susie Pearce, United Kingdom</i>	12:15pm – 12:30pm The exploration of professional midwifery autonomy: Understanding and experiences of final-year midwifery students; <i>Joeri Vermeulen, Belgium</i>	12:15pm – 12:30pm Interprofessional learning and collaboration within a hospital; <i>Myrthe Adema, the Netherlands</i>						

Location: D.0.6	Location: D.0.1	Location: D.0.3	Location: D.0.5	Location: D.0.7	
12:30pm – 1:45pm	Lunch break and poster presentations				
1:00pm – 1:45pm	Poster session 1: Nursing 1 flash poster presentations Poster session 2: Health and education flash poster presentations				
1:45pm – 3:15pm	<p>A2 NURSING 2: ORGANIZATION OF CARE <i>Chairs: Ann Van Hecke; Ellen Vlaeyen</i></p> <p>1:45pm – 2:00pm How much do we know about care delivery models in nursing? An evidence map; <i>Klara Geltmeyer, Belgium</i></p> <p>2:00pm – 2:15pm Implementing a nursing council: what do stakeholders really want?; <i>Maxime Jacques Ostyn, Belgium</i></p> <p>2:15pm – 2:30pm The ethical mandate of nursing boards. Program theory to strengthen nursing profession and health care system; <i>Andrea Kuhn, Germany</i></p> <p>2:30pm – 2:45pm Nursing consultations in Belgium: current state, challenges, and recommendations for future development; <i>Jens Detollenaere, Belgium</i></p> <p>2:45pm – 3:00pm Measuring contextual factors & skills in nursing teams regarding quality improvement: a validation study; <i>Stijn Sloopmans, Belgium</i></p> <p>3:00pm – 3:15pm Developing mentorship programs for expert nursing profiles: what can we learn from stakeholders perspectives and the evidence?; <i>Ann Van Hecke, Belgium</i></p>	<p>B2 MIDWIFERY 2: PERINATAL CARE, INTERPREGNANCY, POSTPARTUM <i>Chairs: Kathleen Biesmans, Annick Bogaerts</i></p> <p>1:45pm – 2:00pm The development of an Anticipated Challenges Framework to support the implementation of Centering-Based Group Care in the first thousand days; <i>Astrid Van Damme, Belgium</i></p> <p>2:00pm – 2:15pm Exploring midwives' and mothers' views on extending postnatal care to one year; <i>Janneke Giseels – van der Wal, the Netherlands</i></p> <p>2:15pm – 2:30pm Intrapartum quality of care among healthy women: a population-based cohort study in an Italian region; <i>Simona Fumagalli, Italy</i></p> <p>2:30pm – 2:45pm The relationship between birth plans and maternal outcomes: results of the Dutch Birth Experience Study; <i>Hanne Oosterveer, the Netherlands</i></p> <p>2:45pm – 3:00pm Towards an evidence-based multidisciplinary guideline for postpartum care in Belgium; <i>Inge Tency, Belgium</i></p> <p>3:00pm – 3:15pm The contribution of regional protocols on practice variation in induction of labor: a critical document analysis; <i>Lianne Zondag-McDermott, the Netherlands</i></p>	<p>C2 HEALTH AND EDUCATION 2: EDUCATION OF PATIENTS, SELF-MANAGEMENT <i>Chairs: Mark Willekens, Tíme Dilles</i></p> <p>1:45pm – 2:00pm DIABEZE: Diabetes-self management among elderly in a Belgian home for the aged: a best practice implementation project; <i>Marleen Coremans, Belgium</i></p> <p>2:00pm – 2:15pm Supporting chronic illness self-management and patient-partnership: realities from the eastern context; <i>Ambreen Tharani, Belgium</i></p> <p>2:15pm – 2:30pm Attitudes of patients with schizophrenia spectrum or bipolar disorders towards medication self-management during hospitalisation; <i>Elke Loots, Belgium</i></p> <p>2:30pm – 2:45pm Recommendations for Healthcare Providers to support Patients with Medication Self-Management Problems; <i>Laura Martelmans, Belgium</i></p> <p>2:45pm – 3:00pm The effect of nurse-led telephone consultations on stroke patients; <i>Bregje D'haeze, Belgium</i></p> <p>3:00pm – 3:15pm Definition, meaning, and operationalisation of patient safety in health professional education in the Euregion Meuse-Rhine: a grounded theory study; <i>Dorien Ulenaers, Belgium</i></p>	<p>D2 SYMPOSIUM 3 <i>Chair: Yeliz Mattheus</i></p> <p>1:45pm – 3:15pm Supporting home nurses in the assessment of care dependency and needs by using Artificial Intelligence technologies <i>Yeliz Mattheus, Belgium; Kristel De Vliegher, Belgium</i></p> <p>The goal of the symposium is to exchange experiences and opinions about current evaluation systems of care needs and about the possibilities of the use of sensor/AI technology in home care, including end user experiences. This is the first project and focuses on: objectively and correctly assessing the care needs of the older adult living at home, starting from the existing clinical scales for evaluating a person's level of dependency: the KATZ and BeIRAI scales.</p>	<p>E2 SYMPOSIUM 4 <i>Chair: Marja Kaunonen</i></p> <p>1:45pm – 3:15pm Designing comparative assessments in nursing at first and second cycle level.: the Importance of Assessment Literacy and Scope of Practice. Findings from the European Union CALOHEE project (2020-2022) <i>Marja Kaunonen, Finland; Mary Gobbi, United Kingdom; Kate Meier, Belgium; Majda Pajkihar, Slovenia; Roberta Sammut, Malta; Reet Urban, Estonia</i> The aim of this symposium is to raise debate and critical discussion concerning the methods and findings of the CALOHEE project. These include revised nursing competences for level 6 and level 7, assessment rubrics, assessment examples for comparative assessment and ethical issues. Four papers comprising 30 minutes of meaningful discussion with participants. The audience will be invited to participate in a pretest Scope of Practice example, the findings of which will be shared.</p>
3:15pm – 3:45pm	Coffee break and poster viewing				

Location: D.0.6	Location: D.0.1	Location: D.0.3	Location: D.0.5	Location: D.0.7
<p>A3 NURSING 3: ACUTE CARE <i>Chairs: Peter Van Bogaert, Elyne De Baetselier</i> 3:45pm - 4:00pm Task redistribution from general practitioners to nurses in acute infection care; <i>Laurent Desmet, Belgium</i> 4:00pm - 4:15pm The additional value of the Nurse Intuition Patient Deterioration Scale to the National Early Warning Score to predict serious adverse events in the hospital: a prospective cohort study; <i>Filip Haegeldorens, Belgium</i> 4:15pm - 4:30pm Comparison of Unfinished Nursing Care perceptions between registered nurses and nurse managers in acute care settings: a cross-sectional multi-centre study; <i>Elisabetta Mezzalana, Italy</i> 4:30pm - 4:45pm Reasons for interruption of drug administration in patients with central venous catheters; <i>Nuray Turan, Turkey</i></p>	<p>B3 MIDWIFERY 3: ROUND TABLE <i>Inge Tency, Belgium; Eveline Metsdaagh, Belgium; Hans Duvekot, the Netherlands; An Lehouck, Belgium</i> During this round table, we discuss the role and involvement of midwives in evidence-based guideline development as well as the dissemination and implementation into daily midwifery practice. We reflect on gaps, barriers, challenges and opportunities during development, dissemination and implementation of evidence-based guidelines, taking an international point of view into consideration.</p>	<p>C3 NURSING 4: SHARED DECISION MAKING <i>Chairs: Silke Léonard, Kate Meier</i> 3:45pm - 4:00pm Bridging the gap in psoriasis care: The development of a nurse-led intervention through experience-based co-design to improve shared-decision making; <i>Elfiye Deprez, Belgium</i> 4:00pm - 4:15pm Co-designing an interprofessional practice model as part of Magnet implementation in a university hospital; <i>Amirick Van dooster, Belgium</i> 4:15pm - 4:30pm Perceived impact and challenges related to the integration of Nurse Practitioners in interprofessional teams in a Belgian university hospital: a qualitative study; <i>Laurence Dehennin, Belgium</i> 4:30pm - 4:45pm Shared decision making in rectal cancer surgery: the way to go?; <i>Eva Pape, Belgium</i></p>	<p>D3 NURSING 5: COMMUNITY CARE <i>Chairs: Bernadette Dierckx de Gastelê, Maarten Wauters</i> 3:45pm - 4:00pm Social inequality in home care: The impact of socio-economic resources on home care arrangements; <i>Mathalie Englert, Germany</i> 4:00pm - 4:15pm Health matters, even on the street. How street nursing can anticipate the perceived needs of the homeless; <i>Charlotte Ruyssens, Belgium</i> 4:15pm - 4:30pm A systematic review on factors influencing the implementation of a multifactorial falls prevention intervention in community-dwelling older persons; <i>Sara Vandervele, Belgium</i> 4:30pm - 4:45pm Happy ageing: inclusion and motivators of social vulnerable older adults in a healthy lifestyle intervention; <i>Julie Vandevlinden, Belgium</i></p>	
<p>6:30pm - 10:00pm</p>	<p>Social event: Networking dinner at Grand Café HORTA 18:30 Networking reception 19:30 Conference dinner Tickets are not included in the conference registration. Address: Hopleland 2, 2000 Antwerpen (14 minutes walk from the Antwerp Central Station). The networking evening will take place in the Horta Art Nouveau Hall at the Grand Café Horta, a beautiful room decorated with the original iron rafters recovered from the demolished Maison du Peuple in Brussels, masterpiece by the famous Art Nouveau architect Victor Horta. The Grand Café Horta is located in the vibrant centre of Antwerp, directly in the Antwerp's fashion district.</p>			



Tuesday 6 February 2024

	Location: D.0.6	Location: D.0.1	Location: D.0.3	Location: D.0.5	Location: D.0.7
9:00am – 9:40am	KEYNOTE LECTURE 3: DAVID A. RICHARDS: OBSERVATIONAL RESEARCH ON FUNDAMENTAL NURSING CARE: ENOUGH ALREADY! <i>Chairs: Peter Van Bogaert, Dimitri Beeckman</i>	KEYNOTE LECTURE 5: MIRJAM LUKASSE: WOMEN WITH VULNERABILITIES – CONSEQUENCES FOR REPRODUCTIVE HEALTH AND MIDWIVES' ROLE <i>Chairs: Eveline Meesdagh, Inge Tency</i>			
9:40am – 10:20am	KEYNOTE LECTURE 4: MIRKO PROSEN: QUO VADIS: THE IMPORTANCE OF INTERPROFESSIONAL COLLABORATION FOR THE FUTURE PROFESSIONALISATION OF NURSING <i>Chairs: Peter Van Bogaert, Dimitri Beeckman</i>	KEYNOTE LECTURE 6: LIA BRIGANTE: INNOVATIVE MODELS OF COMMUNITY BASED MIDWIFERY CARE <i>Chairs: Eveline Meesdagh, Inge Tency</i>			
10:20am – 10:50am	Coffee break and poster viewing				
10:50am – 12:20pm	A4 NURSING 6: QUALITY OF CARE <i>Chairs: Ellen Vlaeyen, Filip Haegdorens</i> 10:50am - 11:05am The interpersonal care relationship as a forgotten focus in quality of care: how to enhance the nursing competencies in practice?; <i>Sofie Verhaeghe, Belgium</i> 11:05am - 11:20am The impact on patient safety and quality of care of pharmaceutical technical assistants on nursing wards: a qualitative study, <i>Marjan De Graef, Belgium</i> 11:20am - 11:35am An integrated and person-centered care model in a Belgian reference hospital: a journey of many years, <i>Louis Van Slambrouck, Belgium</i> 11:35am - 11:50am Developing a set of Quality Indicators to monitor the Quality of Care delivered by Paediatric Obesity Centres, <i>Kelly Sabbe, Belgium</i> 11:50am - 12:05pm Patients' experiences regarding sleep hygiene in Dutch teaching hospitals: A cross-sectional questionnaire study, <i>Christel Derks, the Netherlands</i> 12:05pm - 12:20pm EQUANU - Equality in societal and professional recognition of nurses; <i>Elyne De Baetselier, Belgium</i>	B4 MIDWIFERY 4: VULNERABLE PREGNANCIES <i>Chairs: Kathleen Biesmans, Mieke Embo</i> 10:50am - 11:05am Experiences and perceived barriers and facilitators of women with cardiovascular disease throughout their pregnancy: a qualitative phenomenological study; <i>Yael Vanharen, Belgium</i> 11:05am - 11:20am Adherence to remote monitoring in the prenatal follow-up of gestational hypertensive disorders; <i>Dorien Larssens, Belgium</i> 11:20am - 11:35am Lessons learned from listening: How YouTube stillbirth stories can help us improve obstetric care; <i>Femke Geusens, Sweden</i> 11:35am - 11:50am "Cultural Competence in maternity care related to majority women with a low socio-economic position"; <i>Maria Dalmajier, the Netherlands</i> 11:50am - 12:05pm Mental health during the interpregnancy period & the associations with pre-pregnancy BMI and body composition.; <i>Hanne Van Uytseel, Belgium</i> 12:05pm - 12:20pm An online resilience-enhancing intervention for pregnant women: a feasibility study; <i>Sarah Van Haeken, Belgium</i>	C4 HEALTH AND EDUCATION 3: CURRENT CHALLENGES <i>Chairs: Olaf Timmermans</i> 10:50am - 11:05am Nursing climate resources for health education (N-CRHE); bridging the gap between assessment and action; <i>Elisabetta Mezzalana, Italy</i> 11:05am - 11:20am Exploratory study on sustainability in medical items utilised in nursing care: a case study in Belgian hospitals; <i>Katrien Vanderwee, Belgium</i> 11:20am - 11:35am Determination of nursing student's attitudes towards refugees and affecting factors; <i>Nuray Iuran, Turkey</i> 11:35am - 11:50am Internship of advanced practice nurses-students in unexplored areas: a process of searching and adapting; <i>Anne Van Hecke, Belgium</i> 11:50am - 12:05pm The impact of blended learning on healthcare students critical thinking: a pre-test/post-test study; <i>Jolien Robijns, Belgium</i> 12:05pm - 12:20pm Evolution and influencing factors of professional role identity in Flemish nursing students during their education; <i>veerle Schoeters, Belgium</i>	D4 SYMPOSIUM 5 <i>Chair: Mats Eriksson</i> 10:50am - 12:20pm Life stage and cross-population nursing research: from evidence to application <i>Mats Eriksson, Sweden;</i> <i>Emma Olsson, Sweden;</i> <i>Dimitri Beeckman, Belgium;</i> <i>Malin Karlberg-Iraai, Sweden</i> In this symposium, our primary objective is to showcase selected areas of our research and underscore their collective contribution to the development of sustainable and robust nursing research with a significant international impact on healthcare. Through focused presentations, we will highlight research findings within two distinct age groups: newborn infants and adults and elderly individuals. Furthermore, we will explore the role of evidence-based nursing practice and its profound influence on patient care. Lastly, we will summarize how our research translates into clinical implications, our efforts in fostering international outreach, and outline our future trajectory as an integral part of the new European University alliance, NEOLAIA.	E4 SYMPOSIUM 6 <i>Chair: Veerle Duprez</i> 10:50am - 12:20pm Clinical leadership and intrapreneurship in nursing: professionalism at the bedside <i>veerle Duprez, Belgium;</i> <i>Sabrina Nachtergaele, Belgium;</i> <i>Nele De Roo, Belgium;</i> <i>Margreet Van der Cingel, the Netherlands</i> The growing complexity of care requires constant innovation and visionary leadership from healthcare professionals in all positions, and nurses in particular. This symposium aims to discuss evidence on the development of competencies for leadership and innovative behaviour in healthcare in hospital nurses in Belgium and the Netherlands; unravel how strategies that develop staff nurse clinical leadership competencies among work; and discuss the role of organizational culture in clinical leadership development.

Location: D.0.6	Location: D.0.1	Location: D.0.3	Location: D.0.5	Location: D.0.7	
12:20pm – 1:30pm	Lunch break and poster presentations				
12:45pm – 1:30pm	Poster session 3: Nursing 2 flash poster presentations Poster session 4: Midwifery flash poster presentations				
1:30pm – 3:00pm	<p>A5</p> <p>NURSING 7: MENTAL HEALTH CARE Chairs: <i>Erik Franck, Mark Willekens</i></p> <p>1:30pm - 1:45pm Participation of inpatients in multidisciplinary team meetings: an explorative study of mental healthcare workers' perception; <i>Kevin Berben, Belgium</i></p> <p>1:45pm - 2:00pm Views of interdisciplinary teams in mental health care on outpatient nursing consultations; <i>Naomi Van Cleemput, Belgium</i></p> <p>2:00pm - 2:15pm Associated factors of nurse-sensitive patient outcomes: a multicentred cross-sectional study; <i>Karel Desmet, Belgium</i></p> <p>2:15pm - 2:30pm Teletherapy in mental health care: the perspective of patients, professionals and carers; <i>Hanne Vandewiele, Belgium</i></p> <p>2:30pm - 2:45pm Electroconvulsive therapy: the perspective of the informal caregiver in the decision-making process; <i>Sofie Verhaeghe, Belgium</i></p> <p>2:45pm - 3:00pm Piloting a brief CBGT intervention for stressed Icelandic female university students; <i>Johanna Bernhardsdottir, Iceland</i></p>	<p>B5</p> <p>MIDWIFERY 5: PRACTICE AND MIDWIFERY-LED CARE Chairs: <i>Eveline Mestdagh, Dorien Lamsens</i></p> <p>1:30pm - 1:45pm 'Naming and faming' maternity care providers: a mixed-methods study; <i>Vanessa De Bock, Belgium</i></p> <p>1:45pm - 2:00pm Midwifery-led care during childbirth in Belgium anno 2021; <i>Inge Tency, Belgium</i></p> <p>2:00pm - 2:15pm Perceived reality and subjective importance of shared decision-making during perinatal care; <i>Yvonne Kuipers, Belgium</i></p> <p>2:15pm - 2:30pm Midwifery students supporting Flemish and Dutch menopausal women through tailored health promotion; <i>Vanessa De Bock, Belgium</i></p> <p>2:30pm - 2:45pm Using realist methodology to drive changes in preconception care.; <i>Heather Hopper, United Kingdom</i></p> <p>2:45pm - 3:00pm Development of the preconceptional healthy lifestyle behaviors scale; <i>Nurten Kaya, Turkey</i></p>	<p>C5</p> <p>NURSING 8: LONG TERM SETTINGS, PALLIATIVE CARE Chairs: <i>Koen Wilsen, Silke Léonard</i></p> <p>1:30pm - 1:45pm Finding and selecting Nurses for Innovative Quality Improvement Roles in Long-Term Care – IQE Study; <i>Maija Huttunen-Lenz, Germany</i></p> <p>1:45pm - 2:00pm The impact of the implementation of need-based care in nursing homes on formal caregivers' well-being; <i>Katrin Gillis, Belgium</i></p> <p>2:00pm - 2:15pm Delirium with Residents in Long-Term Care Facilities; <i>Kelly Sabbe, Belgium</i></p> <p>2:15pm - 2:30pm A psychosocial program for people with early onset dementia to reduce stress, anxiety and sleep problems; <i>Julie Vanderlinden, Belgium</i></p> <p>2:30pm - 2:45pm Perceptions and needs regarding end-of-life care in patients with amyotrophic lateral sclerosis.; <i>Fouke Ormbelet, Belgium</i></p> <p>2:45pm - 3:00pm Hospital nurses' barriers and enablers to early initiation of palliative care, a qualitative study; <i>Kristel Peque, Belgium</i></p>	<p>D5</p> <p>NURSING 9: EMERGING TOPICS Chairs: <i>Bernadette Dierckx de Casterlé, Dimitri Beeckman</i></p> <p>1:30pm - 1:45pm AI-based nursing – A delphi study with ChatGPT; <i>Benjamin Bohm, Germany</i></p> <p>1:45pm - 2:00pm Effects of multimodal sensory stimulation on the recovery from coma: A systematic review; <i>Thomas Bogatz, Germany</i></p> <p>2:00pm - 2:15pm Perceptions and attitudes of healthcare providers towards discussing sexuality and sexual problems in cancer patients (from LGBTQ+ backgrounds); <i>Cato Beys, Belgium</i></p> <p>2:15pm - 2:30pm Evaluation of patient satisfaction with an Enhanced Recovery Protocol (ERP) for esophageal resections. A concurrent quantitative and qualitative analysis.; <i>Johny Moons, Belgium</i></p> <p>2:30pm - 2:45pm Timely administration of systemic corticosteroids in children with asthma exacerbations at emergency department: a multicentric retrospective study; <i>Luna Antonino, Belgium</i></p> <p>2:45pm - 3:00pm Music interventions and aromatherapy as strategies to reduce preoperative anxiety: an umbrella review; <i>Ke-Lin Yang, Belgium</i></p>	<p>E5</p> <p>SYMPOSIUM 7 Chair: <i>Ann Van Hecke</i></p> <p>1:30pm - 3:00pm Implementation of nurse-led consultations and nurse-led clinics: from evidence to real-world practices <i>Ann Van Hecke, Belgium;</i> <i>Pieter Heeren, Belgium;</i> <i>Marie Cerulus, Belgium;</i> <i>Ine Decadt, Belgium;</i> <i>Elsie Decoene, Belgium</i></p> <p>The debate on future-proof healthcare systems has long been suggesting that nurses can take on more advanced roles and set-up nurse-led consultations/clinics (NLC). The aim of this symposium is: (1) To describe the effectiveness of NLC on patient and organisational outcomes; (2) To describe and compare NLC in five international bestpractice regions anno 2023; (3) To provide insights in perspectives of stakeholders involved in the development and implementation of NLC in an oncology department, and (4) To provide insights in the patient's experience when care is provided in NL. Interactive discussions with the audience will be held (1) to facilitate the translation of the evidence-based knowledge on NLC into recommendations applicable for their personal working context, (2) to discuss on future implementation of NLC in other domains/settings, and (3) to reflect on barriers and facilitators in future implementation of NLC in health care in Belgium.</p>
3:15pm – 4:00pm	CLOSING OF THE CONFERENCE: CARE4 AWARDS AND CLOSING CEREMONY Chairs: <i>Peter Van Bogaert, Dimitri Beeckman</i>				

KEYNOTE SPEAKERS



Greta Cummings

University of Alberta, Canada

Monday 5 February, 9:10–9:50

(room D.O.6)

Greta Cummings is the Dean and Professor, Faculty of Nursing at the University of Alberta, Canada. Passionate about relational nursing leadership that empowers individuals, teams, and organizations to achieve shared goals, Dr. Cummings leads the CLEAR Outcomes (Connecting Leadership Education & Research) research program in leadership science, which focuses on leadership practices of healthcare decision-makers to achieve better outcomes for providers and patients. Dr. Cummings has published over 260 papers and is a 2014 Highly Cited Researcher in Social Sciences (Thomson Reuters).

Lecture: The global nursing profession - on the brink or poised for transformation?

While the COVID pandemic exposed many longstanding vulnerabilities affecting the nursing and midwifery workforce and profession, locally and globally, it has also shone a light on new challenges and thereby new opportunities. The nursing profession has reinvented itself many times over its long history. Now is the best time to envision the future of the nursing profession and practice in human healthcare delivery systems – equitable, advanced education, evidence informed, holistic, integrated, interdisciplinary collaborations, and sustainable.



Bianca Buurman

University of Amsterdam, the Netherlands

Monday 5 February, 09:50–10:30

(room D.O.6)

Bianca Buurman is the President of the Dutch Nurses and Carers association V&VN, the professional association for nurses, carers and clinical nurse specialists. She also works as a Professor of acute geriatric care at the Amsterdam UMC. Her research focuses on the onset of acute care needs of older adults and ways to organize care differently, so that this leads to better outcomes for the older adults.

Lecture: The best way to improve health care: nurse-driven and midwifery-driven governance and innovation

Throughout the world there are shortages of nurses and health care demand is rising due to aging. We have to find ways to transform health care systems so that patients still have access to high quality care. It requires us to make choices and lead the way to a health care system that improves outcomes, can retain and attract nurses and diminishes overall health care needs of patients. Nursing can be the key driver of change. The lecture will touch on the ways to increase influence and study the impact of nurse-driven innovation.



David Richards

*Western Norway University of Applied Sciences,
Bergen Norway & University of Exeter, United Kingdom*

Tuesday 6 February, 9:00–9:40

(room D.O.6)

David Richards is Professor at the Western Norway University of Applied Sciences and Emeritus Professor at the University of Exeter, UK. He has been a registered nurse for almost 40 years and is at the forefront of international efforts to improve the evidence base for depression management, psychological therapies, and fundamental nursing care. David Richards has published over 280 journal articles, edited two clinical and research text books including the best-selling research methods textbook 'Complex Interventions in Health'.

Lecture: Observational research on fundamental nursing care: Enough already!

Fundamental nursing care is defined as actions on the part of the nurse to meet people's essential physical and psychosocial needs – such as oral care, toileting, nutrition, mobility, emotional and psychological wellbeing, underpinned by nurses developing a positive and trusting relationship with the person being cared for and their informal caregivers. Despite a considerable amount of theoretical work – arguably stretching back to Florence Nightingale's time – the evidence base for fundamental nursing care has been described by Alison Kitson as "the last evidence-free zone in health care", due mainly to the lack of experimental methods in clinical nursing studies. The challenge is there for researchers in nursing to build our confidence, take up new complex interventions experimental methods, move from a comfortable adherence on qualitative and other observational methods and take the scary step into experimentation.



Mirko Prosen

University of Primorska, Slovenia

Tuesday 6 February, 9:40–10:20

(room D.O.6)

Mirko Prosen is currently Associated Professor of Nursing and Senior Research Associate at the Faculty of Health Sciences, University of Primorska, Slovenia. His research interests include transcultural nursing, sociology of health and illness, professionalisation of nursing, and nursing education. He has authored and co-authored numerous scholarly articles, book chapters, and conference papers, and serves as an editor, editorial board member, and reviewer for several scholarly national and international journals. He has received several important national and international recognitions for his research/education career, including the highest national award "Republic of Slovenia Award for outstanding achievements in higher education for 2022".

Lecture: Quo Vadis: The importance of interprofessional collaboration for the future professionalisation of nursing

The professionalisation process is a collective strategy used by an occupational group to achieve the recognized status of a profession. More specifically, it can be defined as a process in which occupations become, or seek to become, publicly recognized as a profession or aspire to be so, depending on the extent to which they meet predetermined criteria. Traditionally, professionalisation has been associated with expert knowledge and skills, autonomy and jurisdiction over practice, and ethical behaviour, but in postmodern society the elements of professionalisation have changed to focus more on the user's perspective and less on the profession itself. This includes the ability of nurses to participate effectively in interprofessional collaboration to plan and implement evidence-based nursing care and ensure optimal outcomes for patients. Evidence suggests that interprofessional collaboration among health care professionals enhances their collective awareness of each profession's role and the knowledge and skills that each professional group possesses. The question arises, however, whether true interprofessional collaboration, in which the nursing profession is seen as equal partner, really exists (and/or is encouraged) in the clinical setting, and if so, to what end.



Mirjam Lukasse

*University of South-Eastern Norway
& Oslo Metropolitan University, Norway*

Tuesday 6 February, 9:00-9:40

(room D.O.1)

Mirjam Lukasse has worked as a midwife in Pakistan, the Netherlands, the UK and Norway. The theme for her thesis was childhood abuse and pregnancy and childbirth. She continued with the theme of violence against women and pregnancy and childbirth as a post doctor, three years financed by the Norwegian Research Council. Mirjam Lukasse has been involved in and led research projects on identification and support of vulnerable women, gestational diabetes, prolonged labor, pain relief in labor, latent phase of labor, cross-cultural doula support, labor induction at home, continuity of care and midwives working conditions.

Lecture: Women with vulnerabilities – consequences for reproductive health and midwives' role

Caring for pregnant women has a long history of promoting health and identifying threats to the health of the mother and her offspring. Traditionally the focus was limited to physical risk factors such as high blood pressure, anemia, diabetes and similar. More recently other risk factors have been given attention including mental health issues, drug and alcohol dependency, a history of violence, poverty, single parenthood, and recent immigration. As most women attend antenatal care, midwives have a unique opportunity to identify women with such vulnerabilities and provide appropriate individualized woman-centered respectful care. Continuity of care with the same midwife or small team of midwives offers an opportunity for building a trustful relationship, a requirement for women to disclose some of the less visible struggles they may have. Midwives actively working with vulnerable women experience challenges with interprofessional and intersectoral collaboration.



Lia Brigante

World Health Organization, United Kingdom

Tuesday 6 February, 9:40-10:20

(room D.O.1)

Lia Brigante is a midwife with over a decade of experience, she has been working in a series of roles including clinical leadership, research, policy and advisory. Lia joined the Royal College of Midwives, one of the largest midwifery associations, in 2017, contributing to improvement of maternity policy and midwifery practice across the UK and internationally closely working with the European Midwifery Association (EMA) and representing ICM on WHO Guidance Development Groups. Lia Brigante has conducted research on midwife-led settings provision, the role of consultant midwives and 'higher risk' women's experiences of midwifery continuity of care. She is a visiting research fellow at King's College London and is a visiting lecturer for MSc programmes in global and public health at King's College London and City University of London.

Lecture: Innovative models of community based midwifery care

An overview of the evidence on continuity models of care, including policy and practice implication. The transition to primary care midwifery models of care is advocated by WHO and supported by robust evidence, midwives can meet 90% of the sexual reproductive maternal and neonatal health needs of the population if practicing within their full scope of practice.

POSTERS OVERVIEW

Poster session 1: Nursing 1

- 1.1 Moral nursing Leadership, nurse students perceptions and concept clarification on identity formin, Myrthe Adema, the Netherlands
- 1.2 Nursing leadership, student behavior and development, Richtsje Andela, the Netherlands
- 1.3 Flanders Nursing Home (FLANH) project: Protocol of a multicenter longitudinal observational study on staffing, work environment, rationing of care, and resident and care worker outcomes, Lisa Geyskens, Belgium
- 1.4 Developing clinical academic partnerships: The Southwest Clinical School Model, Susie Pearce, United Kingdom
- 1.5 Contextual factors & skills influencing quality improvement in acute care: a qualitative descriptive study, Stijn Sloomans, Belgium
- 1.6 Exploratory study of factors influencing the departure of intensive care nurses and retention measures, Nathalie Cantineau, Belgium
- 1.7 Factors influencing the formation of balanced care teams: the organisation, performance and perception of nursing care teams and the link with patient outcomes: a systematic scoping review., Senne Vleminckx, Belgium
- 1.8 Developing and testing a reflection method for the use of the informal care guideline in community nursing, Nicole Vullings, the Netherlands
- 1.9 The effectiveness of different care delivery models in a hospital setting on patient and nurse related outcomes: a systematic review, Klara Geltmeyer, Belgium
- 1.10 Correlation of moral distress and moral sensitivity of nurses with safe nursing care, Ioannis Kouroutzis, Greece
- 1.11 Greek nursing students' attitude towards patient safety., Ioannis Kouroutzis, Greece
- 1.12 "I don't want to fail the nurses": opportunities & barriers for impact of patient activated rapid response systems, Merveille Ngoya Ntumba, Belgium
- 1.13 Development of a digital, high-quality and user-friendly platform for families with (ex-) premature infants, Anaïs Lippens, Belgium
- 1.14 RENurse consortium - optimizing nursing research; Nadia Segers, the Netherlands
- 1.15 A Human Factors approach: Optimizing organizational structures and patient outcomes on a medical ward; Martijn Verspuy, Belgium

Poster session 2: Health and education

- 2.1 Exploring clinical reasoning through the pedagogical content knowledge of nurse lecturers, Wouter Cattoor, Belgium
- 2.2 Unraveling influencing factors on Belgian nurses' knowledge: does education, Caro Heremans, Belgium
- 2.3 Assessing the effectiveness of digital learning in nursing education: a pilot study among nursing students, Sabina Ličen, Slovenia
- 2.4 Exploring the educational engagement of higher education teachers in an online learning course, Sabina Ličen, Slovenia
- 2.5 Senior nursing students' perceptions of individualized care and nursing diagnoses, Gülsün Özdemir Aydın, Türkiye
- 2.6 The nursing mobile workstation: a descriptive observational study, Simon Malfait, Belgium
- 2.7 Development of Simulation-based Training in Nursing: a Delphi-Study, Veronika Anselmann, Germany
- 2.8 Online skills training for healthcare providers: dream or reality?, Marjorie Maes, Belgium
- 2.9 Introduction of novel complex integrated care models supported by digital health interventions in European primary settings: a scoping review, Elisabetta Mezzalana, Italy
- 2.10 Psychometric validation and cultural adaptation of evaluation questionnaires for measuring nursing students', anxiety, professional self-confidence and experiences during high fidelity simulation, Geert Van de Weyer, Belgium
- 2.11 Kadet an intergenerational support tool for grandparents with a sick grandchild in their role towards siblings, Delphine Maes, Belgium
- 2.12 Breaking barriers in nursing education: Can digital platforms foster cultural competence?, Mirko Prosen, Slovenia
- 2.13 Nursing students' digital game addiction and examination of related variables, Nuray Turan, Türkiye

Poster session 3: Nursing 2

- 3.1 An investigation of the German version of the Care Dependency Scale for self-assessment by older persons in supported housing, Thomas Boggatz, Germany
- 3.2 Motives of caregivers in home care on the use of coercion in their clinical practice: a qualitative study, Annelies Verkest, Belgium
- 3.3 Early bird project: transmural care for patients with major trauma, Nele Van Damme, Belgium
- 3.4 Optimizing the transmural clinical care pathway for persons with disorders of consciousness in collaboration with relatives: a qualitative study, Eline Lyen, Belgium
- 3.5 The Turkish adaptation of the Pressure Injury Prevention Barriers Questionnaire: Validity and reliability study, Nuray Turan, Turkiye
- 3.6 Dynamics and processes in the perception of colorectal cancer patients facing skin toxicity due to an EGFR-I, Eva Pape, Belgium
- 3.7 The effects of breathing exercises on heart rate variability and breathing frequency in cancer patients, Julie Vanderlinden, Belgium
- 3.8 Clinical effectiveness of the corrected NEX distance formula in determining the internal length of NG tubes, Tim Torsy, Belgium
- 3.9 The development of a nurse-led intervention to prevent a high output ileostomy: prevention is key, Lotte Vanholzaets, Belgium
- 3.10 Death rattle: current experiences, measurements, and non-pharmacological management: a mini review, Louana Moons, Belgium
- 3.11 Life cycle assessment comparing reusable and single-use specula in a Belgian hospital, Liesbet Demarré, Belgium
- 3.12 Patient participation in multidisciplinary team meetings in residential mental health services: an explorative study of patients' perception., Kevin Berben, Belgium
- 3.13 Association of anticholinergic exposure with anticholinergic burden and quality of life in a residential psychiatric ward, Jolien Huygelen, Belgium

Poster session 4: Midwifery

- 4.1 Digital health interventions to improve the journey from pregnancy to parenthood: a scoping review, Alexander Hochmuth, Germany
- 4.2 Towards shared decision making in obstetrics., Laurence Pisvin, Belgium
- 4.3 Current practice of preconception care in the Netherlands, Jantine Scheele, the Netherlands
- 4.4 Unveiling the shadows: Understanding intimate partner violence in pregnancy, Mirko Prosen, Slovenia
- 4.5 The effect of hydrotherapy on the mother-newborn outcomes and birth satisfaction in vaginal deliveries, Nurten Kaya, Turkiye
- 4.6 Stress monitoring of midwives using wearable technology during obstetric and neonatal resuscitation simulation training, Ayse Akalin, Belgium
- 4.7 Are couples making informed choices when opting for preconception reproductive genetic carrier screening?, Eva Van Steijvoort, Belgium
- 4.8 Barriers and facilitators of patients' adherence to remote monitoring for gestational hypertensive disorders, Dorien Lanssens, Belgium
- 4.9 Born in Belgium Professionals, a shared platform for integrated care, Kelly Amuli, Belgium
- 4.10 Knowledge, attitude and practice of caregivers regarding reusable diapers and incontinence materials, Inge Tency, Belgium
- 4.11 VRNurse4Kids: Preparing Nursing students for future healthcare: Virtual reality in paediatric settings, Inge Tency, Belgium
- 4.12 A dialogue tool supporting health professionals to communicate about loss and grief with children., Inge Tency, Belgium

CARE4 AWARDS

We are excited to offer several prestigious awards for the best oral and poster presentations, as well as a special prize for the most exceptional abstract that tackles the challenges and opportunities in the conference theme: "Navigating the Future of Healthcare: Nurses and Midwives as Drivers for Change".

The final decision on the awards will be made by the CARE4 Scientific committee members based on both the score each presentation gets in the conference app and a separate internal scoring by the Scientific committee members/session chairs.

Do not forget to rate all presentations that you attend in the conference app!

Following scientific awards will be announced during the closing session on Tuesday February 6.

We extend great thanks to our partners who are supporting the following awards:



The International Journal of Nursing Studies

will award the Best Oral Presentation in Nursing and the Best Poster Presentation in Nursing.



Vlaamse
Beroepsorganisatie
van Vroedvrouwen

The VBOV

(Vlaamse Beroepsorganisatie van Vroedvrouwen, Flemish professional organization of midwives)

will award the Best Poster Presentation in Midwifery.



The NETWERK VERPLEEGKUNDE

will award the Best Oral Presentation in Health and Education.



The FNBV

(Federale Neutrale Beroepsvereniging Verpleegkundigen, Federal professional association of nurses)

will award the special prize for the most exceptional abstract that tackles the challenges and opportunities in the conference theme: "Navigating the Future of Healthcare: Nurses and Midwives as Drivers for Change".



The General Union of Belgian Nurses AUVB

will award the Best Poster Presentation in Health and Education.



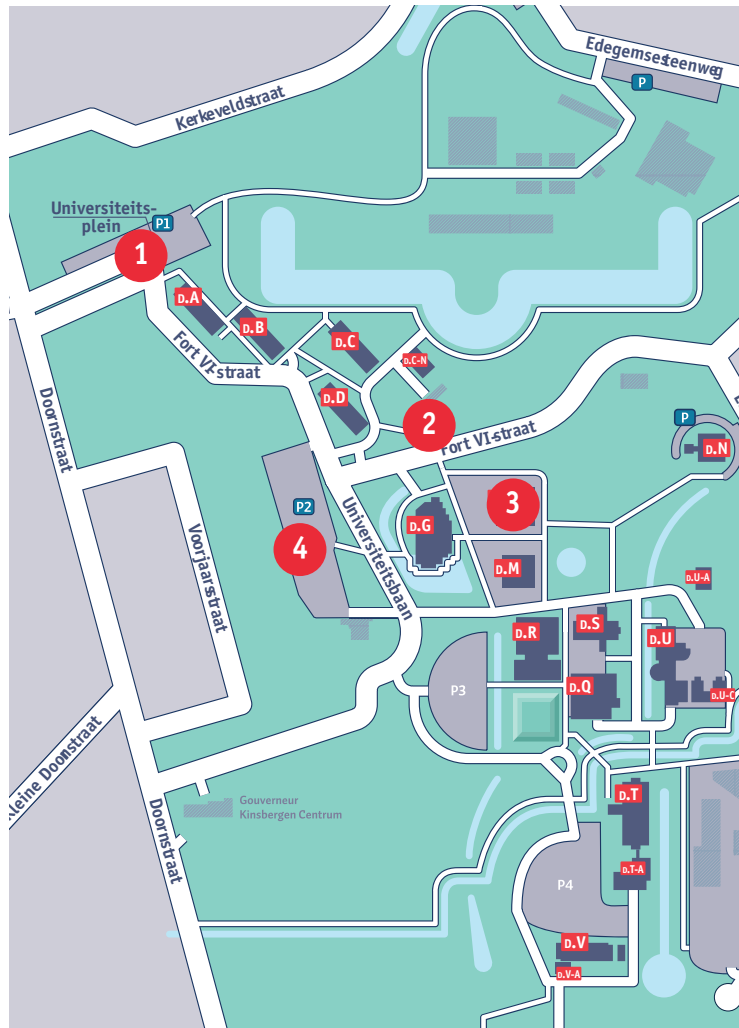
The European Journal of Midwifery

will award the Best Oral Presentation in Midwifery.

**Congratulations
to all award
winners!**

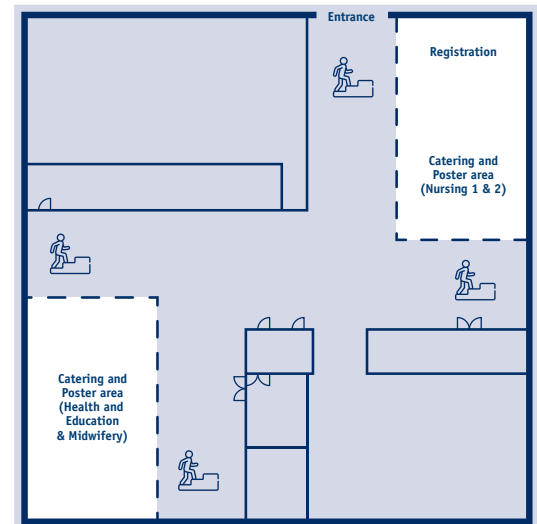
VENUE PLAN

Campus plan

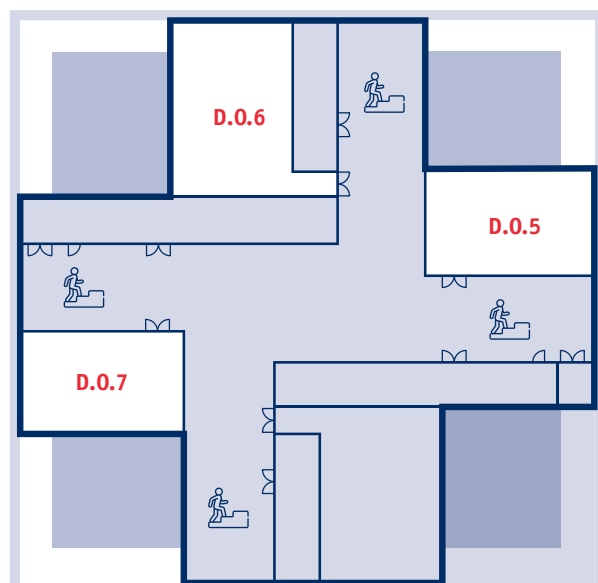


1. Bus stop Universiteitsplein
2. Bus stop Fort VI-straat
3. Conference venue (D.O)
4. Parking 2 available for delegates coming by car

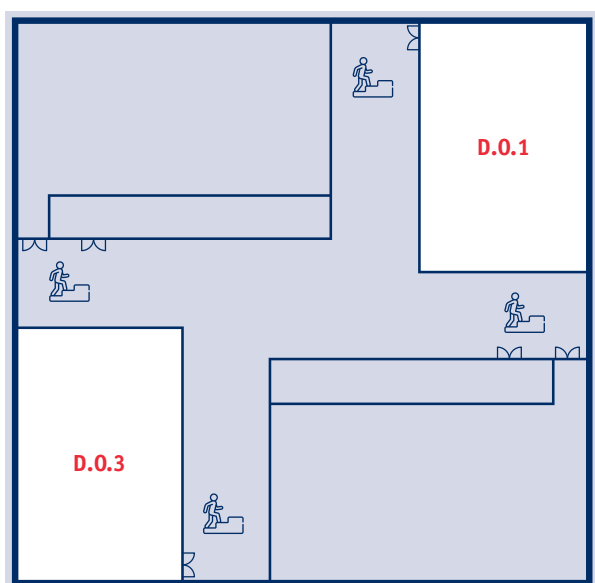
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